

THE LINK

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THE UNITED PARISH OF
HOLY TRINITY, ABBOTS LEIGH
WITH
ST MARY-THE-VIRGIN, LEIGH WOODS
www.theparishchurch.com

NOVEMBER 2020

70p

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Paying for The Link

To all those who would ordinarily have made your donation towards the Link for the year by now but due to these unusual circumstances have not done so as yet.

Could you either please give your donation to your normal deliverer who will I am sure deliver it to myself or make arrangements for me to collect it from themselves OR you can now make BACS payments to

United Parish of Abbots Leigh with Leigh Woods:

Sort code 40-52-40 Account no 00010334

Many thanks, The Link Team

United Parish Website www.theparishchurch.com

Leigh Woods Website www.leighwoods.org

Abbots Leigh Village Website www.abbotsleigh.org.uk

Editor: David B Davies, The Summer House, 51a Dial Hill Rd., Clevedon, BS21 7EW.

01275 873167 / 07814 074311

daviddavies512@gmail.com

Advertisements: Robert Narracott, Trinity House, Harris Lane Abbots Leigh BS8 3QX

01275 375619

robert.narracott@gmail.com

Copy deadline: 17th of month before publication

Distribution: Abbots Leigh: Martin Walker 01275 374177 kitsilano70@hotmail.com

Leigh Woods: Mark Rayson 0117 973 1842 mark@mrconsulting.biz

Church Postcodes (for Wedding & Funeral visitors):-

Holy Trinity, Abbots Leigh BS8 3QU; St Mary's, Leigh Woods BS8 3PG

VICAR: Rev. Dr. HESTER JONES – 01275 219838

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PARISH ADMINISTRATOR: ELIZABETH ENGLAND

Tel: 01275 373996 Email: admin@theparishchurch.com

Hester is a part-time Vicar. **PLEASE CONTACT** Elizabeth with enquiries for Baptism, Banns, Weddings etc., and news of newcomers to the parish. If you have information about those who are ill, at home or in hospital, who would like to be visited, please contact our PASTORAL TEAM, Co-ordinator Alan Shellard, 0117 974 1494, alanshellard@gmail.com

PAROCHIAL CHURCH COUNCIL WEBSITE:

www.theparishchurch.com

Keep up-to-date on the events and highlights of our united parish.

Organist: John Talbot 0117 942 8344

ABBOTS LEIGH CHURCHWARDENS

LEIGH WOODS CHURCHWARDENS

Victoria Dominey 01275 372234

Michael Bothamley 0117 973 0072

Helen Cornish 01275 374521

DEPUTIES

Alan Shellard 0117 974 1494

Ginny Owen
(Sacristan) 0117 973 3305

TREASURERS

Carole Nicholls 01275 373888

Barry England 01275 372777

United Parish Treasurer: Siân Narracott sian.narracott@googlemail.com 01275 375619



On 28 October, it was lovely to welcome back Patricia and Peter Wyard to the parish, and to hear and see, in our Communion and Evensong services, something of their medical, theological and pastoral work.

If you'd like to support them, details are on page 12.

The Cathedral of Aru, Democratic Republic of Congo, where our CMS mission partners Rev. Peter & Dr. Patricia Wyard carry on their work.

ALSO OF NOTE:

SHOEBOXES (see also page 4) will be collected on Remembrance Sunday 8 November. Many thanks to all who have contributed. Last minute contributions of wrapped boxes, contents (toys, cuddly toys, games, stationery, toiletries), or a financial contribution in lieu, all gratefully received up to that day.

Do join us for **REMEMBRANCE DAY SERVICE** too in St Mary's at 10.30. Please also look out for info regarding Christmas Carol and other services.

TOY SUNDAY on 29 November, 10.30 at Holy Trinity, please bring a clean preferably new toy/s for distribution.

FAMILY NEWS

BAPTISMS: None

WEDDINGS: 24.10.20 Luke Tebbly & Alison Woodhead Holy Trinity Abbots Leigh

FUNERALS: 19.10.20 Martin Bell Westerleigh Crematorium

30.10.20 Colin Woodward Holy Trinity Abbots Leigh

WELCOME PACK

New to the parish? Know of new arrivals? For a Welcome Pack, contact:

Abbots Leigh: Nicola Stinchcombe 01275 374523 or

Nicky Walker 01275 374177 - or **see Parish Website:**

www.theparishchurch.com

SHOEBOXES 2020

We hope to do a smaller Shoebox operation this year: please either leave wrapped and filled shoeboxes at my gate or in the HT porch (letting me know by email preferably), or donate a sum of money so we can fill for you (please leave sum for me or contact re electronic giving), or bulk buy a certain item and leave for me in porch or by gate, or help by wrapping boxes (again please leave for me). Thank you for whatever you feel able to do - I will do the best I can too!

Hester

CARING @ CHRISTMAS

I regret to say that this year we will not be welcoming you to our annual Coffee & Mince Pie morning which for the last 16 years has raised so much for Caring @ Christmas.

The project manager from Caring in Bristol has written to say: "After much consideration we have made the decision not to accept individual donations of food, clothing, bedding and toiletries this year. It is vital we minimise contact opportunities and limit visits to our offices, storage space and interactions with our essential staff. We're asking that if you'd like to support Caring @ Christmas this year, you would consider donating financially".

I am sure that with this in mind many of you will like to contribute to the wonderful work this Charity undertakes and so we are planning to organise some way to welcome you to St. Mary's in early December.

WATCH THIS SPACE



It was great to see a few folks in the summer at the social distance garden coffee mornings - we look forward to a springtime catchup.

We are sharing some pictures and light-hearted news on our WhatsApp Time Out group; if you want to join in, please send your mobile number to Gill.

Time Out is a Women's group, of mixed ages, well rather older than we were when we first set up, with lively minds. We live in or have connection with Leigh Woods / Abbots Leigh. We have a mixed program of meet ups about once a month. New members always welcome. If you want to join the email group please let Gill know

Gill Ogden 01275 602657 / 07809 281 542 gillm.ogden@gmail.com

BINDWOOD AND LOVESTONE

By kind permission of the author - first published in Bristol Naturalists' monthly bulletin

In late summer and early autumn, common ivy *Hedera helix* comes into flower. The nectar-rich greenish-yellow umbels (umbels describe a number of short flower stalks which spread from a common point - they are a common feature of many flowering plants) are an important and welcome source of food for bees and other insects late in the year. The flowers tend to develop on mature growth and once these have finished, they develop into purple-black, fleshy berries containing a small number of seeds. In winter, these berries are devoured by birds especially blackbirds and pigeons (although I've noticed many other birds eating them including blackcaps).

I have encouraged the ivy to grow up the front of the house although it needs to be kept pruned occasionally as it grows quickly and can easily race towards the gutter and the eaves. It is very satisfying to see so many insects covering the ivy at this time of year, particularly in view of the alarming decline in insects generally. As well as bees, hoverflies, wasps, flies and ants, Red Admiral butterflies are also regular visitors to drink the plentiful nectar, stocking up before they hibernate over the winter months. Ivy is also a food plant for the caterpillar of the Holly Blue butterfly *Celastrina argiolus* and many moths such as Angle Shades, Lesser Broad-bordered Yellow underwing, Scalloped Hazel, Swallow-tailed Moth and Willow Beauty. One moth, the Small Dusty Wave *Idaea inquinata* feeds exclusively on ivy and the ivy bee *Colletes hederae* is completely dependent on ivy flowers, adjusting its entire life cycle to fit in with ivy flowering.

As well as providing an important feeding station, ivy provides habitat for nesting and roosting birds. It also provides a shelter for many invertebrates and is thought to support at least 50 species of wildlife. Sadly, some people see it as a pest and are keen to remove it from walls because they worry about it loosening the mortar. I've not been aware of any damage to the house and the only inconvenience each year is climbing a ladder to keep it under control. Another concern is the ability of ivy to climb high into the crowns of trees where it can add substantial and additional weight. If trees are large and mature, then this isn't normally a problem. Where suitable surfaces allow, ivy can reach heights of 20–30m (66–98 ft). Its climbing ability is down to aerial roots with matted pads, which cling strongly to surfaces.

Ivy was once called 'Bindwood' or 'Lovestone' for its ability to cling and cover rock surfaces and buildings – these old regional names are no longer used.



A bee, wasp and ant share the nectar-rich ivy umbels.

Photo © Simon Carpenter

Simon Carpenter, September 2020

ABBOTS LEIGH WOMEN'S INSTITUTE [Contents](#)



Unfortunately the WI will not be meeting in November or December due to the continuing Covid 19 virus.

We are continuing to keep in contact via emails and phone calls. Hopefully the New Year will allow us to have meetings as normal.

Stay safe everyone

Donna

For more details contact: Donna Butcher 01275 375378

Abbots Leigh Village Hall

The Village hall is open and available for hire and is Covid Secure. There is additional guidance for hirers of the hall to ensure safety.

Please contact Julie Smart, John Butler or John Prodger caretaker at the Village Hall if you want to make a booking. Contact info pages 10 and 19.

Abbots Pool Working Party

We had a lovely morning on Sunday the 11th, getting back into the swing of working parties. It was the perfect autumn day. The colours are beginning to turn it was just glorious.

We managed to get the site up to scratch with the help of an excellent turnout. North Somerset Council have done a lot of clearing and cutting back of summer growth in preparation of the pool opening this month. Therefore, we were able to focus on the finishing touches.

We cut back low hanging branches on the bridle path at the Sandy Lane entrance, we removed all the logs that had built up in the cave, we cleared the cascade and cut back the growth on the banks each side. We cleared out the drains above the car park and did a thorough litter pick.

The top path up by the kissing gate has well and truly overgrown and as there is another path just below it, we have decided to leave this path as encourage further regrowth in this area. Can we ask that when the pool reopens that we use the lower path. Please see photo.

Next Working party is on Sunday November the 15th if there is any further lockdown we will advise but due to the nature of the working party, social distancing is very easy. We plan to blow the leaves from the steps and the bridle path. The bridge needs moss etc. removed and the picnic tables need a sanding.

Thanks to all who turned up on Sunday.

Jo Chiverton





November already and I am starting to channel my inner Phil Connors, the TV weatherman played by Bill Murray in the film 'Groundhog Day'.

Our hero was trapped in a time warp that sees him relive 2nd February over and over again. He's woken every morning by his radio alarm blaring with the host loudly proclaiming "It's Groundhog Day."

Throughout the film Phil Connors experiences the same 24-hour cycle and despite getting in to a range of scrapes, always wakes on the same day.

Unfortunately life is beginning to imitate art. Coronavirus restrictions are starting to tighten and there are real challenges to everyday living.

With Covid cases multiplying the likelihood of this being a fallow year for Civic Society events increases. The Bonfire Night spectacular is the latest to fall foul of the pandemic. Its my favourite evening of the year but this year hosting any such event would be foolhardy at best, downright dangerous and probably illegal - and I've no wish to spend any time at Her Majesty's pleasure.

Next up on the events list is the Children's Christmas Party. There are still hopes that this can go ahead in some form but once again we will have to make an informed decision closer to the date.

In the meantime we just have to reflect on how fortunate we are to live in a part of the world where we can step out of our front doors, get into the fresh air and enjoy the beautiful countryside.

It might be Groundhog Day – but we might as well make the best of it.

*Paul Thompson, Chair, Abbots Leigh Civic Society
33, Dennyview Road 01275 373 115*

Abbots Pool re-opens

Abbots Leigh Parish Council is pleased to announce that Abbots Pool is at last open to the public again. Hopefully visitors will treat the area with respect. The car park will remain closed for a while to see how behaviour patterns evolve. Parking restrictions on the surrounding roads are also being removed. The planned Public Space Protection Order which will include a number of bylaws covering activities that are currently published as guidelines under a code of conduct will hopefully be in place before the next summer (party) season starts. The area has been tidied up by the North Somerset green spaces team and the Abbots Pool volunteers in our most recent work party.

It is planned to leave the yellow Abbots Pool Closed signs in place for a while longer to deter too many outsiders from visiting. It has been very sad that Abbots Pool has had to be closed over the summer and we are hoping that its reputation as the place to party will be forgotten.

LEIGH WOODS SOCIETY

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With the unwelcome news that further restrictions may be imposed, it is a good opportunity to appreciate how lucky we are to live in such a beautiful location, especially as the trees turn to their autumnal colours. Sadly plans for our Quiz Night and the Christmas Party have had to be cancelled but the bi-annual Litter Pick did take place on 26 September which was well attended.

By now all Leigh Woods residents should have received a letter from the Chairman, Alex Burgh, updating you on what has been happening in Leigh Woods over recent weeks. This can be found in the website folder and in the Welcome Pack sub-folder.

Website

During this period of isolation we are trying to use the website to share information with Leigh Woods residents. You will find interesting articles and papers added periodically to the folder 'Articles and Information' on the Leigh Woods Society page (www.leighwoods.org/leigh-woods-society). Recent papers include John Sparks' trip to Brahmaputra and Walking in Zambia, as well as the Story of Hotwells. As our closest neighbours are Abbots Leigh and Clifton and Hotwells, you may find their website information of interest. The Abbots Leigh website is www.abbotsleigh.org.uk and the one for Clifton and Hotwells is www.cliftonhotwells.org.uk. We are keen to add more articles and papers to the Leigh Woods website and would also like to collate any stories or anecdotes over the Covid period. If you have anything to share, please send to Ian McKay at ian@leighwoods.org.

Planning

Amendments to 20/P/0892/MMA.

Minor material amendment condition 2 (list of approved drawings) of permission 17/P/0059/F (Erect 2 No. houses in place of 4 No. demolished garages) for reposition of the new dwellings, insertion of new rooflights and stone boundary wall. Land adjacent to Kingston Lodge, Bridge Road, Leigh Woods.

Trees 20/P/1983/TPO – Leigh Woods House, Church Rd, BS8 3PQ – T1 – reduce lateral spread on SE side by 3m. T2 – Cherry – Fell. T3 – Laburnum – Reduce by 2m to edge of grass. T4 – Silver Birch – Fell. Officer Jason Cox.
20/P/2079/TPO – The Lodge House, Bracken Hill, North Rd, BS8 3PL – T1 Japanese Maple – Reduce approx.. 3m. T2 – Hornbeam – Crown reduce by 1.5 – 2m. T3, T4 and T5 – Pittosporum – Crown reduce by 3m. Officer Jason Cox.

News from the Bridge

Over the next few months we are carrying out the regular maintenance on the Bridge, including maintenance of lighting, weigh beams that tell if a vehicle is overweight, and some work in the Vaults, improving access for contractors & inspectors. We are also preparing for major work on the Clifton Rock face, to involve pinning the rock and filling in some larger crevices. A difficult job which will involve a team of specialist contractors and some fairly hefty equipment. Once we appoint a Contractor, work can begin, probably early next year. You will see the Contractor's compound on Sion Hill when it starts.

We are also looking at refurbishing the Clifton Toilets. The ladies toilets are currently open as unisex. A consultation is being prepared which will be on the website. We will keep you up to date with progress on this.

Our Visitor Centre reopened in September and continues to welcome small numbers of pre-booked visitors. As the shop is no longer accessible by passers-by, a range of items (including face coverings) have been added to an online store, accessible at www.cliftonbridge.org.uk/shop.

The one-way system for pedestrians is still in place and will remain so until the end of the year.

Abbots Leigh Covid-19 community volunteers

Volunteers throughout Abbots Leigh are coordinated to cover groups of neighbours along roads across the Parish. The purpose is to ensure that people have someone to contact should they need help with anything such as picking up shopping, posting mail, urgent supplies or just to talk to someone when they are having to self isolate. If you need help and do not know who your coordinator is, or want further information, contact Mel King on 07876 502951 or Simon Talbot-Ponsonby 07973 147017 or 01275 375250.

Planning Application Records					
Applic'n no. Date rec'd Target Date	Applicant & Address	Proposal	Parish Council View	NSC status	Officer
20/P/1489/FUH 13-Jul-20 26-Aug-20	Hernhill, Manor Lane, BS8 3RU	Demolish porch & decking to main house. Proposed 1-storey rear extn w new terrace & balcony. Demolish lean-to. Convert garage structure into studio & ancillary accom. to main house.	<i>No objection in principle. Condition requested: garage not be convertible to separate property or become part of a letting business, and balcony be screened to protect neighbours' privacy.</i>	<i>Approved w conditions requested by PC.</i>	Charles Cooksley
20/P/1481/FUH 27-Jul-20 14-Sep-20	Tanglewood, Ashgrove Ave., BS8 3QE	Erect 1-storey extns to front and rear of dwelling, demolish & replace garage.	<i>No objections.</i>	<i>Approved.</i>	Charles Cooksley
20/P/1496/TPO 3-Aug-20 21-Sep-20	West Gateway, Abbotts Leigh Rd, BS8 3QB	T1 - Sycamore - Reduce branches around BT lines to give 1.5m clearance. Remove first 4 branches back to main stem marked with orange dot on field side. T3 - Ash - Fell limb leaning towards the road marked with orange dot.	<i>No Objections</i>	<i>Approved.</i>	Jason Cox
20/P/1437/FUL 10-Aug-20 21-Sep-20	Leigh Court Farm, Pill Road, BS8 3RA	Retain timber chalet dwelling for farm manager for 5 years or on cessation of the farm enterprise.	<i>No objections.</i>	<i>TBC</i>	Louise Grover
20/P/1882/FUL 17-Aug-20 20-Oct-20	Flat at The Barns, Church Rd, BS8 3QU	Demolish existing dwelling and construct replacement dwelling.	<i>No objections.</i>	<i>TBC</i>	TBC
20/P/2187/FUH 28-Sep-20 18-Nov-20	8 Dennyview Rd, BS8 3RB	Erect a 2-storey rear extn, new double garage and internal alterations to the first floor.	<i>TBC</i>		Ellena Fletcher
20/P/2266/LDP 28-Sep-20 17-Nov-20	Drybridge, Manor Road, BS8 3RP	Lawful Devt. Cert. for building extn & to convert 2 out-buildings for residential ancillary use.	<i>TBC</i>		TBC
20/P/2270/ HHPA 28-Sep-20 3-Nov-20	Orchard Lodge, Manor Road, BS8 3RS	Prior approval to erect 1-storey rear extn w pitched roof that would: 1) extend 8m. beyond rear of original house; 2) have max. height 3m. 3) have eaves 2.5m high	<i>TBC</i>		Nick Urquhart

Donald Davies, Pill Ward Councillor, N Somerset Council

Thank you for all you do to keep our community safe. The pandemic will be with us for many months more and there will be difficult times to come, yet I know that we shall work together to get through. For safety reasons I'm not holding surgeries, but please feel free to contact me with any concerns you have. My phone number is 07900 097671 and my e-mail donald.davies@n-somerset.gov.uk. Keep safe!

Parish Council Meetings The Parish Council is meeting through video links for the foreseeable future. If you wish to raise anything to be discussed at a meeting please contact Julie Smart, Clerk to the PC, in advance of the meeting. Meetings are normally held on the 3rd Monday of the month. The next will be **Monday 16th November** at 7.00pm via zoom . Agenda & Minutes are on the Village Website.

Abbotts Leigh Parish Councillors **Simon Talbot-Ponsonby** (375250) Chair, Cycle & Foot-path Network/Highways/Verges/Recycling & Rubbish/ Skittle Alley/Communications/ Website. **Martin Walker** (219530) Vice Chair/ Public Footpaths/ Old School Field/ Open Spaces/ Abbots Pool/ Transport Links. **John Butler** (373446), Village Hall/ Public Relations/Street Lighting. **Murray Stewart** (372878) Community Groups/ Neighbourhood Plan/ Abbots Leigh Charities/ Civic Soc. Liaison. **Robert Narracott** (375619) Planning/ Conservation Area. **Julie Smart Clerk to the Council:** (374442) who works out of the Resource Centre in Pill. Secretariat/Insurance/Police Coordination/Village Orderly.

RECYCLING AND RUBBISH

Check North Somerset council website under waste and recycling for your next collection.



Advice from North Somerset Council continues to be:

Our crews are very busy at the moment. To help keep you and them safe, and to help the crews keep making their collections in good time, there are a few things you can do to help:

- wash, squash & sort recycling – this helps crews empty your containers quicker
- don't leave tissues in your recycling boxes
- wash your hands before & after putting containers out or bringing them back in
- park considerately – more people than usual are working from home which means more cars are parked in residential areas. If our vehicles can't get into your street, we can't collect your recycling and waste
- there's more recycling than usual being put out for collection, especially cardboard – please fold it so it fits into your recycling box and consider holding some back for your next collection

Recycling Centres are open to a reduced extent. Winter times are 10am to 4pm Monday, Wednesday, Thursday and Friday, 9am to 4pm, Saturday and Sunday, **closed Tuesday. Access is allowed dictated by vehicle registration numbers** **Odd** last number in your vehicle registration on Monday, Thursday or Saturday, **Even** numbers on Wednesday, Friday or Sunday. When visiting Portishead Black Rock recycling centre there is a one way system in place and it is not possible to make a right turn to enter or exit the site. To enter you must turn left coming down Valley road and to exit turn left towards Clevedon Road B3123.

Recycling Tips

Where our recycling goes

Most of North Somerset Council's recycling is processed in the UK. Details of where each material goes can be found on North Somerset council's website. "Where your recycling goes"

Food waste

The average family throws away about £700 worth of food waste a year and most of it ends up in landfill. Please put your food waste into your food waste bin rather than into your black wheelie bin so that it can be used to generate electricity and provide heat for homes.

Plastic Bags

These can be recycled at a number of larger supermarkets including a lot of food packaging and magazine wrappers which are not biodegradable.

Crimestoppers: 0800 555 111 **POLICE** Local Police (Nailsea): 101

Our Local Beat Officer is PC Justina Lewis, a local resident. With her are Connor Aitken (PCSO 9382) and Kate Turner (PCSO 7948). Contact them on local non-urgent matters on 101 (give their collar number).

If anyone wishes to volunteer for Community Speed-Watch they can contact PC Lewis at Justina.Lewis@avonandsomerset.police.uk

They cover **Abbots Leigh, Leigh Woods, Dundry and Long Ashton.**

SERVICES for November

If rules change, church events will be on ZOOM

	CHURCH	SERVICE	READERS	READINGS
01-Nov	All Saints/All Souls			
10.30am	Zoom	All Saints – Parish Communion	David Davies Adelaide Ferguson	1 John 3: 1-3 Matthew 5: 1-12
4.30pm	Abbots Leigh	All Souls Service*	Pastoral Team	TBA
08-Nov	REMEMBRANCE DAY			
10.30am	Leigh Woods	Service of Remembrance**	Michael Bothamley Simon Holmes	1 Thessalonians 4: 13-end Matthew 25: 1-13
15-Nov	2nd before Advent			
9.30am	Zoom	Family Worship	Talbot family	Matthew 25: 14-30
10.45am	Abbots Leigh	Parish Communion	Vicky Dominey BarryEngland	1 Thessalonians 5: 1-11 Matthew 25: 14-30
22-Nov	Christ the King, next before Advent			
10.30am	Zoom	Parish Communion	Judith Groves Adelaide Ferguson	Ephesians 1: 15-end Matthew 25: 31-end
4.30pm	Leigh Woods	Evensong	Michael Bothamley John Dempsey	Ephesians 1: 15-end Matthew 25: 31-end
29-Nov	Advent Sunday			
9.00am	Zoom	BCP Holy Communion	Ginny Owen Celebrant	1 Corinthians 1: 3-9 Mark 13: 24-end
10.30am	Abbots Leigh	TOY SUNDAY *** Family Worship	Talbot family	Mark 13: 24-end
06-Dec	Advent 2			
9.30am	Abbots Leigh	Family Worship	Talbot family	Mark 1:1-8
10.45am	Abbots Leigh	Parish Communion	Helen Cornish Gilly Crichton	2 Peter 3:8-15a Mark 1:1-8

Wyard Resources: did you miss their visit and want to donate?
On Sunday 18 October, Peter and Patricia Wyard, our CMS mission partners in DRC, gave a moving account of their work. Here's the information you need if you wish to donate.

Gifts will be distributed equally between our 2 work streams:

1. *Palliative Care team* in Aru, DRC. Drugs for which patients cannot pay; transport to collect drugs; salaries, which in Oct. 2020 are 50% of what we like.
2. Support for Anglican Theological Faculty of Université Salama Aru and Christian education work of Diocese of Aru. Books, tablets and anything else the bishop of Aru or the Dean of Studies believe useful for the work.

We are extremely grateful for all gifts received.

How to give:

***Send a cheque** ("Congo Church Association") gift-aided if possible to: *Paul Dickens, Hon. Treasurer, CCA, Hockliffe Grange, Hockliffe, Leighton Buzzard, LU7 9NL.*

Please write "Wyard Fund/Abbots Leigh Woods" on the back of your cheque, and include a covering note or email treasurer@congochurchassn.org.uk

***By BACS:** to "Congo Church Association" Sort Code: 40-52-40 A/c no.: 00016616

UK Taxpayer? Please send the necessary declaration to the Treasurer. "I want to Gift Aid my donation of £___ and any donations I make in the future or have made in the past 4 years to CONGO CHURCH ASSOCIATION (Reg No 285760)"

CHRISTIAN MEDITATION is suspended, but could continue online. Please contact Hester if you are interested.

***1 Nov. ALL SOULS' : 4.30PM IN HOLY TRINITY (NB 4.30!)
REMEMBERING LOVED ONES**

If a service in church is not possible or appropriate, we shall revert to Zoom. Please let me know by email or in person of any names you would like us to remember, if you can't attend personally, as it may not be possible or easy to complete a sheet of names as usual. We shall expect to remember in any case those whose Funeral or Burial service has taken place in the parish in the last three years. Hester

****REMEMBRANCE DAY SERVICE** in St Mary's at 10.30 on 8th November.

*****TOY SUNDAY** on 29 November at 10.30 please bring clean preferably new toy/s for distribution.

Worship on ZOOM contact Wo Hill to get a link to these services.
0117 985 2583 - woscarthill@gmail.com

Wanted!! A Parish Zoom Host: *Wo will be retiring from hosting Parish Zoom services at the end of the year. Please contact Hester if you would be interested to volunteer as a co-administrator of the Parish Zoom for 2021. Guidance on setting up is available.*

**FOOD BANK -
AS MUCH NEEDED AS EVER - But WELL DONE!!**

Ten most needed items:

Tinned soup, Tinned Corned beef or Chicken, Tinned Rice Pudding/Custard, Coffee, UHT Fruit juice, Jam, Treats eg Chocolate, Snacks eg crisps etc, Toothpaste, De-odorants. Money donations particularly welcome. Alan Shellard

Ginny Owen adds: Foodbank particularly needs **TOILETRIES** as well as all the other donations of food. The Harvest collection from the two church porches amounted to 22 stones!! Amazing effort from the Community.

Many thanks from the Avonmouth Foodbank

PEW NEWS comes out weekly. Contact BEFORE Thursday:
0117 974 1494 / alanshellard@gmail.com

In need of Prayer? Anyone who would like prayer or a chat please contact Hester: 01275 219838 / hester.jones2@gmail.com or **Liz England:** 01275 373996 / Admin@theParishChurch.com

PASTORAL CARE If you know of anyone in Hospital or Nursing Home who would like a card or a visit, there are books at the end of both our Churches for you to fill in their details.

adrian's one pot dish

SMOKED HADDOCK ON A BED OF SPICED LENTILS

Ingredients to serve two.

One red onion coarsely chopped.

A clove of garlic finely chopped.

A chunk of fresh ginger the size of your thumb, grated.

A generous cupful of green Puy lentils.

A few cherry tomatoes. 200ml coconut milk.

A teaspoonful or more of curry powder.



A good size fillet of smoked haddock.



Boil the lentils for 25 minutes in twice their volume of water and then rinse. Whilst they are cooking, in large cooking pot, sauté the onion with a little oil. Add the garlic and ginger and keep cooking on a low heat. Meanwhile, put the fish in the oven with a good splash of coconut milk and bake for a short while then flake it.

Finally, throw all the ingredients into the pot and reheat. Serve with a swirl of yogurt mixed with the juice of a lime and garnish with mint.

A glass of sparkling mid-range dry white wine works surprisingly well with this as you cook and then enjoy, perhaps with naan bread and mango chutney.



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